



Good Grief provides grief support services for children age 4 to 17 and their adult caregivers; plus, young adults age 18 through 24. Peer support groups meet every other week at our Reynolds Road location.

We also provide grief support in a select number of schools in Toledo Public, Washington Local, and Sylvania Public School Districts.

Good Grief's open-ended, age-appropriate peer grief support sessions, provide a mix of opportunities for children and teens to share their experiences with grief and loss. Whether it's talking about the death with other participants, using art or music to explore and express their feelings, or choosing their own activity from a variety of options, children and teens are encouraged to discover what works best for them. These programs are offered at no cost to the participants or their families.



[goodgriefnwo.org](http://goodgriefnwo.org)

419.360.4939

#### What We Need:

Good Grief is truly a community based organization, relying on charitable donations from individuals, corporations and foundations for 100% of our funding. Community financial support helps Good Grief serve more grieving children, teens and caregivers.

You are always welcome to visit us. We would love to show you our program space.

When our friends within the community share information about Good Grief they are helping us continue our efforts to increase community engagement, elevate awareness and understanding of childhood grief, and further establish Good Grief as a resource for professionals and families in support of grieving young people in Northwest Ohio.

There is no shortage of families who need our services. As funding and support allows, more volunteers will be trained so more programs can be offered, both in the community and at Good Grief's facility.

There is no cost to participate in the program, and families attend as long as they wish.

**Thank you for your time in learning more about Good Grief, and your consideration of support.**