

Children's Grief Awareness Day



FACTS & STATS

CHILDREN & GRIEF INFORMATION AND STATISTICS

"Childhood grief profoundly impacts bereaved youth, families, and communities. The death of an important person in a child's life is one of the most frequently reported adverse childhood experiences. Unaddressed childhood grief and trauma can lead to short- and long-term difficulties including poor academic performance, mental health issues, and early mortality." (Judith's House/JAG)

THE BREADTH OF THE ISSUE

According to the Childhood Bereavement Estimation Model:

- 1 in 12 children in the US (that's more than 8 percent) will experience the death of a parent or sibling by age 18— which is 6 million bereaved US children and teens.
- This number more than doubles to 14.7 million when the age is increased to 25.
- Nearly 80 percent of those who lost a parent said it was the hardest thing they have ever had to face.
- Looking at bereavement figures for a single year shows that nearly 1,200 children under the age of 18 were newly bereaved every day in 2021.
- Those who lost a parent growing up said it took 6+ years before they could move forward, yet 57 percent reported that support from family and friends waned within the first 3 months following the loss.
- 59 percent of adults who lost a parent growing up say they have experienced more feelings of sadness or depression in their life compared to most adults.

THE CRITICAL IMPORTANCE OF SUPPORT

- Bereaved children feel understood and validated when caregivers openly discuss the person and/ or the death.
- Bereaved young children are more likely to be expelled from school, repeat a grade, less likely to be in gifted education programs and to have a disability.
- The earlier in life a child loses a parent, the more profound the impact.

According to the New York Life Foundation's 2017 Bereavement Survey:

- More than two-thirds of educators "always" or "usually" see withdrawal, difficulty concentrating, absenteeism, and a decrease in academic performance after a death in a student's life.
- 7 in 10 teachers currently have at least one student in their class(es) who had lost a parent, guardian, sibling or close friend in the past year.

Join children, teens and adults across the nation and the world in helping grieving kids know they're not alone!



Children's Grief
AWARENESS DAY
EDUCATE. EQUIP. HONOR.

